

Government of India
Ministry of Health & Family Welfare
Directorate General of Health Services
(EMR Division)

**Additional guidelines for quarantine of contacts / isolation of suspect or confirmed cases
in private facilities**

Scope

Ministry of Health & Family Welfare has issued guidelines for home quarantine of contacts* and home isolation of patients# who have requisite accommodation at home for self-isolation. There are large number of facilities such as hotels, service apartments, lodges which remain unoccupied due to impact of COVID-19 on travel and tourism. There are also instances where people who don't have requisite space at home may opt for such facilities. This is likely to reduce the pressure on the family, give comfort to the person, and protect the family and immediate neighborhood. This will also take away the load from government COVID quarantine/isolation facilities.

Standard Operating Procedure

These standard operating procedures are applicable both for facility quarantine/ facility isolation in hotels, service apartments, lodges etc. unless and otherwise stated categorically. The state government opting for this model will ensure that:

1. The quarantine and isolation facility will not co-exist and the facility owner will have a choice to opt for either of the two.
2. These facilities will offer single room on paid basis to contacts/cases with attached washrooms.
3. The price for the accommodation and services shall be fixed by the facility in consultation with the state government and widely publicized.
4. The facility opting for isolation will follow the norms established for COVID Care Centre as available at -
<https://www.mohfw.gov.in/pdf/FinalGuidanceonMangaementofCovidcasesversion2.pdf>
5. The cases shall only be kept in an isolation facility, if the cases are clinically assessed to be pre-symptomatic or very mild.
6. Such facility that opts for isolation will have separate earmarked areas for keeping suspect cases and confirmed cases and will ensure no inter-mingling of these two categories.
7. The contact/patient opting for such quarantine/isolation facility will give an undertaking as is available at –
<https://www.mohfw.gov.in/pdf/GuidelinesforHomeIsolationofverymildpresymptomaticCOVID19cases.pdf>

8. The facility owner of the quarantine/isolation facility shall make such additional arrangements as under:
 - a. They shall ensure in-house availability of a trained doctor and a nurse on 24X7 basis.
 - b. The doctor will monitor the contacts/cases in quarantine/isolation facilities twice a day on basic parameters of temperature, pulse, blood pressure, respiratory rate and pulse oxymetry and keep record of the same.
 - c. The treating doctor engaged by the facility will inform the district surveillance officer regarding the list of cases/contacts admitted to such facility and their health status.
 - d. The facility should network with an approved laboratory for testing samples as per ICMR guidelines and provide results within 24 hours.
 - e. They should not be allowed to meet visitors as such. If someone is allowed to visit the cases and contacts for specific reasons–, their details should be recorded.
 - f. The facility will provide Wi-Fi facility and ensure that the client downloads the Aarogya Setu App on mobile (available at: <https://www.mygov.in/aarogya-setu-app/>) and it should remain active at all times (through Bluetooth and location service)
 - g. A basic life support ambulance shall be available at the facility on 24X7 basis.
 - h. The linens, towels etc. and rooms should be disinfected and the facility will follow infection prevention control practices as per guidelines available at <https://www.mohfw.gov.in/pdf/National%20Guidelines%20for%20IPC%20in%20HCF%20-%20final%281%29.pdf>
 - i. The in-house catering should provide room services for freshly cooked food duly following physical distancing and environmental sanitation.
9. The facility owner will give an undertaking to follow the above SOP and to have adequate manpower including the above mentioned health workers as per the protocol set out.
10. Facility should ensure that the instructions for the contacts/patients are provided at the time of check-in as available in.
11. The discharge of the patient from the facility will be in accordance with the discharge policy available at <https://www.mohfw.gov.in/pdf/Corona%20Discharge-Policy.pdf>

* A contact is a healthy person that has been (i) in close (within 1 meter), unprotected (without appropriate personal protective equipment) contact of a confirmed case of COVID-19, or his/her bodily secretions or (iii) exposed to contaminated environment and is therefore at a higher risk of developing disease. (Additional details available at: <https://ncdc.gov.in/showfile.php?lid=538>). Such persons need to be put under **quarantine**. Persons being evacuated from COVID-19 affected countries are required to be quarantined.

Person who have been clinically assigned as a symptomatic but very mild case/ laboratory confirmed but pre-symptomatic case by the treating medical officer (Additional details available at: <https://www.mohfw.gov.in/pdf/GuidelinesforHomeIsolationofverymildpresymptomaticCOVID19cases.pdf>) Such persons need to be **isolated** to break the chain of transmission.